

6th Annual

**GME**

# EDUCATIONAL CONFERENCE



Icahn School  
of Medicine at  
**Mount  
Sinai**

Office of Graduate Medical Education



Course Directors  
**Paru Patrawalla, MD**  
**Brijen J. Shah, MD**

**THURSDAY, SEPTEMBER 30, 2021**

Live Online Activity  
9:00AM-4:00PM

<https://mssm.cloud-cme.com/GME2021>

**Course Objectives**

After participating in this activity, the learner should be able to:

- Incorporate effective communication skills to deliver feedback to physicians in training. Provide effective feedback to physicians in training. Discuss strategies to give feedback in daily encounters.
- Describe effective strategies to provide improved teaching in the clinical areas in which I work with physician trainees. Apply tools for more effective clinical teaching to one's own practice.
- Identify concrete tools for operationalizing appreciation with direct reports and trainees. Utilize new skills to implement appreciation plans that create more engaged and valued trainees and teams.

**Accreditation**

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation**

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Credit**

The American Nurses Credentialing Center (ANCC) will accept 1.0 *AMA PRA Category 1 Credit™* as equal to 1.0 ANCC contact hour. Nurses should inquire with their specialty organizations and professional institutions as to their acceptance of *AMA PRA Category 1 Credits™*.

**Verification of Attendance**

Verification of attendance will be provided to all professionals.

**Special Needs**

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact the Page and William Black Post-Graduate School of Medicine at [cme@mssm.edu](mailto:cme@mssm.edu).

**Faculty Disclosure**

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-provided educational activities. All faculty participating in the planning or implementation of a provided activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

**Registration Information**

There is no registration fee required for faculty and residents/fellows.

**Online Registration**

<https://mssm.cloud-cme.com/GME2021>

# GME EDUCATIONAL CONFERENCE 2021

WORKSHOP  
SESSIONS 1

9:00-10:00AM (60 Minutes)

## Milestones 2.0: Moving CBME Forward Through Continuous Improvement

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- Discuss key design principles for Milestones 2.0
- Discuss and demonstrate the key components of effective programmatic assessment
- Discuss how co-production can support learner professional development with Milestones 2.0



### Eric S. Holmboe, MD, MACP, FRCP

Chief, Research, Milestones Development and Evaluation Officer  
Accreditation Council for Graduate Medical Education (ACGME)

## Humble Inquiry/Coaching

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- Describe the relationships between burnout, well-being, and leadership coaching behaviors in the workplace
- Consider the annual review as an opportunity for coaching
- Discuss core elements of coaching encounters
- Apply specific elements of coaching practices such as humble inquiry and active listening to improve well-being and engagement in the workplace
- Utilize the GROW model to engage team members in goal setting and taking next steps toward their goal (s)



### Yaakov Klein, MS

Senior Manager  
Talent Development & Learning Training and Education  
Mount Sinai Health System



### Lauren Peccoralo, MD, MPH

Senior Associate Dean for Faculty Well-Being and Development  
Associate Professor, Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai



### Brijen J. Shah, MD

Associate Dean for Quality and Patient Safety in Graduate Medical Education  
Associate Professor, Medicine Gastroenterology; Geriatrics and Palliative Medicine  
Assistant Professor, Medical Education  
Icahn School of Medicine at Mount Sinai

## ACGME FACULTY DEVELOPMENT THEMES

E

Educator

Q

Quality Improvement and  
Patient Safety

W

Well-Being

P

Practice-Based Learning  
and Improvement

# GME EDUCATIONAL CONFERENCE 2021

## Introduction to Social Media 101 - Brief overview of Facebook, Twitter, Instagram

- Provide an introduction to medical educators to Social Media
- Identify the negative impacts of Social Media on Medical Education
- Identify the positive impacts of Social Media on Medical Education

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### Vannita Simma-Chiang, MD -Moderator

Associate Program Director, Urology  
Mount Sinai Hospital  
Associate Professor, Urology  
Icahn School of Medicine at Mount Sinai



### Samira Farouk, MD

Associate Program Director, Nephrology  
Mount Sinai Hospital  
Assistant Professor, Medicine, Nephrology; Medical Education  
Icahn School of Medicine at Mount Sinai



### Bryan P. Mahoney, MD

Program Director, Anesthesiology  
Mount Sinai Morningside and Mount Sinai West  
Associate Professor, Anesthesiology, Perioperative & Pain Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai



### Georgina Osorio, MD, MPH

Program Director, Infectious Disease  
Mount Sinai Morningside and Mount Sinai West  
Assistant Professor Infectious Diseases; Medical Education  
Icahn School of Medicine at Mount Sinai

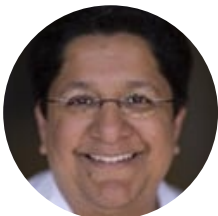
WORKSHOP  
SESSIONS 2

10:30-11:30AM (60 Minutes)

## Scholarship in Education

- Appreciate the characteristics of scholarship
- Examine your individual scholarship idea using Glassick and Beckman's criteria
- Identify practical ways to become productive scholars

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### Reena Karani MD, MHPE

Director, Institute for Medical Education  
Professor, Geriatrics and Palliative Medicine; Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai

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## Supporting a Learning Healthcare System – Using Simulation to Continuously Improve Telemedicine and Healthcare Quality

- Understand the role of simulation education in a Learning Health systems
- Recognize the benefits of using a common assessment tool for telemedicine communication skills
- Describe different training approaches for teaching and assessing telemedicine skills

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### Sondra R. Zabar, MD

Director, Division of General Internal Medicine and Clinical Innovation (DGIMCI)  
 Director, Program in Medical Education Innovations and Research (PrMEIR)  
 Professor, Medicine  
 NYU School of Medicine

## Fall Down Seven Get Up Eight: Strategic Risk Taking, Resilience, and Finding Your Path Forward

- Implement a Framework/Model for Strategic Risk Taking
- Develop an Analytic Framework for Failures and How to Fail Forward
- Employ Strategies to Find Joy with the “Unsolvable Problems”
- List Ways To Mitigate and Embrace Organizational Chaos

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### Marisha Burden, MD, FACP

Division Head of Hospital Medicine  
 Associate Professor, Medicine  
 University of Colorado School of Medicine



### Flora Kisuule, MD, MPH

Associate Director, Hospital Medicine  
 Director, Hospitalist Fellowship Program  
 Associate Professor, Medicine  
 University of Colorado School of Medicine

KEY NOTE

12:00PM-1:15PM (75 Minutes)

## Learning During a Pandemic

- Describe the COVID pandemic in the US
- Describe the way in which medical education was impacted and adapted during the pandemic
- Discuss the impact of the pandemic on mental health, substance use and other issues impacting

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### Carlos del Rio, MD

Executive Associate Dean for Grady Clinical Affairs  
 Distinguished Professor, Medicine, Infectious Diseases  
 Emory University School of Medicine

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WORKSHOP  
SESSIONS 3

1:30-2:30PM (60 Minutes)

## Feedback From A Learner Perspective

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- Define meaningful feedback and its characteristics
- Provide a framework for starting a feedback conversation
- Identify communication skills for providing feedback



### Vannita Simma-Chiang, MD

Associate Program Director, Urology  
Mount Sinai Hospital  
Associate Professor, Urology  
Icahn School of Medicine at Mount Sinai



### Vasundhara Singh, MD

Associate Program Director, Internal Medicine  
Mount Sinai Morningside and Mount Sinai West  
Assistant Professor, Medicine  
Icahn School of Medicine at Mount Sinai

## Psychological Safety in Clinical Teaching

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- Evaluate situations when psychological safety is compromised
- Appraise the role of leaders in promoting an environment of psychological safety
- Develop work environment changes to mitigate threats to psychological safety



### Karina Torralba, MD

Chief, Division of Rheumatology  
Loma Linda University Health  
Professor, Medicine  
Loma Linda University School of Medicine

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## Gender Equity in GME: Addressing Gender-Based Disparities in Career Development Among Graduate Trainees

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- Define common gender-based career development disparities impacting graduate medical trainees
- Identify actionable next steps toward making a change in your program toward gender equity



### Mirna Mohanraj, MD - Moderator

Associate Program Director, Pulmonary Disease and Critical Care Medicine  
Mount Sinai Morningside and Mount Sinai West  
Assistant Professor, Medicine, Pulmonary Medicine; Critical Care Medicine;  
Medical Education  
Icahn School of Medicine at Mount Sinai



### Celia Divino, MD

Chief, Division of General Surgery  
Vice Chair, Education and Program Director, General Surgery  
Mount Sinai Hospital  
The Stanley Edelman M.D. Professor of Surgery  
Icahn School of Medicine at Mount Sinai



### Tamara Goldberg, MD, FACP

Director of Primary Care Track and Associate Program Director, Internal Medicine  
Mount Sinai Morningside and Mount Sinai West  
Assistant Professor, Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai



### Elaine J. Rabin, MD

Program Director, Emergency Medicine  
Mount Sinai Hospital  
Associate Professor, Emergency Medicine  
Icahn School of Medicine at Mount Sinai



### Valeria Cecilia Santibanez Briones, MD

Fellow, PGY5, Pulmonary Disease and Critical Care Medicine  
Mount Sinai Morningside and West

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WORKSHOP  
SESSIONS 4

3:00-4:00PM (60 Minutes)

## The Elusive PBLI2 Milestone: Utilizing Education Psychology Principles to Develop Self-Directed Learners

- Describe and apply variables that influence learning
- Recognize the role for self-regulated learning in medical education
- Mentor learners through the process of task-focused self-regulated learning

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### Mirna Mohanraj, MD

Associate Program Director, Pulmonary Disease and Critical Care Medicine  
Mount Sinai Morningside and Mount Sinai West  
Assistant Professor, Medicine, Pulmonary, Critical Care and Sleep Medicine;  
Medical Education  
Icahn School of Medicine at Mount Sinai



### Lauren M. Blackwell, MD

Assistant Professor, Medicine, Pulmonary, Critical Care and Sleep Medicine  
Icahn School of Medicine at Mount Sinai

## Leveling up Praise and Appreciation in the GME learning environment

- Recognize the relationships of burnout, wellbeing and leadership appreciation in the healthcare environment
- Utilize concrete tools for operationalizing appreciation with direct reports and trainees
- Utilize new skills to implement appreciation plans that create more engaged and valued trainees and teams
- Engage in peer-to-peer learning with GME faculty leaders
- Show value and appreciation to team members and trainees to improve well-being and engagement in the training environment

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### Stephen Fecteau

Senior Manager, Employee Engagement and Recognition  
Talent Development and Learning  
Mount Sinai Health System



### Lauren Peccorale, MD, MPH

Senior Associate Dean for Faculty Well-Being and Development  
Associate Professor, Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai

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## A Lean Lean: Lean Concepts to Incorporate into QI/PS

- Define the steps of a PDCA cycle
- Outline the principles for continuous improvement
- Distinguish the 8 basic wastes in health care

Q



### **Lucy Xenophon Fillas, MD, MPH**

Chief Transformation Officer  
Mount Sinai Morningside



### **Swati Garg, MPH**

Senior Director, Strategic Planning  
Mount Sinai Health System



### **Kimberly Keller**

Senior Process Improvement Manager  
Mount Sinai Morningside

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## Course Directors

### **Paru Patrawalla, MD**

Associate Professor, Medicine, Pulmonary,  
Critical Care and Sleep Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai  
Mount Sinai Morningside and Mount Sinai West  
New York, NY

## Planning Committee Members

### **Sharon Edwards, MD**

Associate Professor, Pediatrics; Medical Education  
Icahn School of Medicine at Mount Sinai  
Kravis Children's Hospital  
New York, NY

### **Mirna Mohanraj, MD**

Assistant Professor, Medicine, Pulmonary,  
Critical Care and Sleep Medicine  
Icahn School of Medicine at Mount Sinai  
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New York, NY

### **Trevor Pour, MD**

Assistant Professor, Emergency Medicine  
Icahn School of Medicine at Mount Sinai  
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### **Valeria Santibanez Briones, MD**

Fellow, Pulmonary Disease and Critical Care Medicine  
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### **Vicki Shanker, MD**

Associate Professor, Neurology  
Icahn School of Medicine at Mount Sinai  
Mount Sinai Beth Israel  
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### **Samuel Sandowski, MD**

Professor, Family Medicine & Community Health; Medical  
Education  
Icahn School of Medicine at Mount Sinai  
Mount Sinai South Nassau  
Oceanside, NY

### **Brijen J. Shah, MD**

Associate Professor, Medicine, Gastroenterology;  
Geriatrics and Palliative Care; Medical Education  
Icahn School of Medicine at Mount Sinai  
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### **Bryan Mahoney, MD**

Associate Professor, Anesthesiology, Perioperative  
& Pain Medicine; Medical Education  
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### **Georgina Osorio, MD, MPH**

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### **Kamron Pourmand, MD**

Assistant Professor, Medicine, Liver Disease  
Icahn School of Medicine at Mount Sinai  
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### **Umut Sarpel, MD, MSc**

Professor, Surgery  
Associate Professor, Medical Education  
Icahn School of Medicine at Mount Sinai  
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### **Vannita Simma-Chiang, MD**

Assistant Professor, Urology  
Icahn School of Medicine at Mount Sinai  
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### **Daniel Steinberg, MD**

Professor, Medicine, Hospital Medicine; Medical Education  
Icahn School of Medicine at Mount Sinai  
Mount Sinai Beth Israel  
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